

“HOW TO AVOID A RESTRAINING ORDER

People who are afraid and angry will often times act out inappropriately towards their spouse. Throwing objects, kicking, slapping, pushing, blocking someone from leaving a room; these are the most common origins of a Domestic Violence incident. A very high percentage of Domestic Violence cases result when the initial victim overacts in a manner designed by them to stop the initial aggressive behavior. Unfortunately, many people in that situation overact and the other party is injured.

If your spouse initiates the type of behavior described above-DO NOT RESIST. If you call the police while you are still the victim and you do not defend yourself you have a very good chance of avoiding a Domestic Violence Restraining Order. Good Luck!!